

FINAL OFFICIAL TIMES
2009 HEART RUN
April 25, 2009 9:30 A.M.
5K ROAD RACE

Anchorage, Alaska

Timing and Results by Up and Running Event Management

TEAM Results

1. Alaska Triathlon Club
17:26.7 17:44.6 17:46.9 17:56.1 18:05.4 = 1:28:59.7
212 Paul Kendall, 209 David Roosa, 647 Andrew Duenow,
297 Michael Masuda, 837 Jason Lamoreaux
2. Huffman Elementary
18:23.6 18:25.8 18:30.0 19:13.5 21:21.1 = 1:35:54.0
1038 Hugh Nicholson, 1052 Kristi Waythomas, 1055 Edward
Frank, 1034 Lori Deschamps, 1040 Tasha Bergt
3. ConocoPhillips Team High Octane
17:39.0 17:50.4 20:02.7 20:20.5 20:31.5 = 1:36:24.1
1505 Michael Wheatall, 271 Luke Kiskaddon, 1306 Adam
Lewis, 963 James Rodgers, 253 Jeremy Guiley
4. CISC Velocity 96B
19:55.3 22:19.8 23:28.0 23:34.1 24:13.8 = 1:53:31.0
294 Andrew Maisey, 189 Taylor Thoma, 798 Dylan Sanders,
121 Tristan Heil, 178 Nigel Ruckhaus
5. AYSC Reds 95
20:51.5 21:15.2 22:45.8 24:07.9 25:45.2 = 1:54:45.6
317 Skyler Frank, 894 Cristian Marin, 956 Carl Bassler,
958 John Bassler, 1356 Julian Rojas
6. Alaska Pacific University
20:24.9 20:46.6 22:00.6 25:47.5 26:06.7 = 1:55:06.3
742 Amelia Henn Hennessy, 1019 Eeva Latosuo, 1020 Tim
Hillyer, 799 Jennifer Spessard, 1022 Thomas Mack
7. Susitna Elementary School
20:43.4 21:30.2 23:25.9 23:48.8 25:56.9 = 1:55:25.2
1183 Justin Beverlin, 865 Luke Jager, 864 Amy Johns,
17 Jay Beverlin, 1330 Kevin Lee
8. 97G CISC Velocity Blue
22:35.5 22:56.7 23:01.2 23:28.1 23:33.5 = 1:55:35.0
656 Michael Stahl, 659 Jonathan Stahl, 906 Cheyenne
Applegate, 901 Brenda Applegate, 667 Erin Stuart
9. Mears Middle School
21:13.1 23:42.5 23:54.4 23:54.8 24:36.9 = 1:57:21.7
677 Daniel Torgerson, 939 Wes Freistone, 360 Heidi
Andrus, 678 Douglas Torgerson, 723 Luke Pergiel
10. Alaska Children's Heart Center
19:35.9 21:01.4 23:56.8 24:42.6 28:09.6 = 1:57:26.3
918 Forrest Mahlen, 621 Amy Reed, 919 Tsaina Mahlen,
1369 Andre Neptune, 781 Jared Dempsey
11. Hanshew Middle School Hawks
19:38.4 20:03.9 24:33.6 26:19.1 27:39.8 = 1:58:14.8
499 Taylor Turney, 272 Noah Evermann, 2873 Korbyn Milani,
515 Bridgette Evermann, 285 Cole Deal
12. Eagle River Grace
20:39.0 22:31.0 23:51.7 25:39.2 26:21.3 = 1:59:02.2
2918 Michael Carson, 860 Zachary Williams, 1474 Michael
Remillard, 2917 Daniel Carson, 483 Frank Moore

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13. Aquarian Charter School
21:35.2 23:20.0 25:19.5 25:24.3 25:28.7 = 2:01:07.7
2841 Mark Fineman, 790 Keegan McDonald, 259 Briannah
Pugh, 789 Carolyn Kinzie, 779 Amber Ramert Weiss
14. Army Corps of Engineers
19:42.9 23:34.8 26:01.0 26:20.2 26:44.9 = 2:02:23.8
501 Mike Wicker, 1025 Keith Howard, 1323 Lon Lyford,
1563 Jeffrey Orzechowski, 2904 Eric Adams
15. CISC 98B Velocity White
23:00.0 23:33.0 24:13.4 24:51.6 27:59.7 = 2:03:37.7
682 Stewart Osgood, 661 Suzi Jackson, 684 Max Osgood,
664 Kurtis Jackson, 683 Jared Osgood
16. Bayshore Eagles
20:57.5 22:58.0 24:30.8 28:01.3 28:18.7 = 2:04:46.3
708 Mark Goodman, 496 Dennis McDonnell, 357 Mike
Truskowski, 394 Paul Schrooten, 358 Conner Truskowski
16. Alaska Rush Soccer Club
21:24.3 23:33.3 26:21.8 26:43.3 26:43.6 = 2:04:46.3
1231 Christopher Scott, 775 Megan Neale, 2830 Cheryl Dude,
595 Sydney Huling, 594 Robin Hughes
18. Moose's Tooth/Bear Tooth
20:57.0 23:41.1 24:51.3 25:09.0 30:43.2 = 2:05:21.6
680 Taylor Hall, 316 Aric Arndt, 540 Marisa Jaso, 150
Adam Hollon, 171 Darci Daniel
19. Scampering Hominids
20:54.0 24:31.5 25:35.4 28:16.8 30:32.0 = 2:09:49.7
1381 Jonathan Schick, 1380 Shawna Rider, 636 Mark Rollins,
15 Aubrey Morrison, 393 Erika Malo
20. GCI
21:20.5 25:57.5 26:46.1 29:46.9 31:53.5 = 2:15:44.5
518 Christopher Davis, 108 Craig Mollerstuen, 1086
Steven Cinelli, 562 Jason Hotch, 506 Tim Beichley
21. CISC Velocity 98G Blue
24:26.3 27:16.2 29:36.5 29:43.4 29:47.5 = 2:20:49.9
131 Erica Heil, 245 Mia Keyser, 688 Rosie Rush, 512
Julia Miknich, 395 Morgan Lash
22. Unangan for Healthy Hearts
20:18.9 25:59.0 26:29.5 29:18.1 38:56.3 = 2:21:01.8
910 Amanda Botway, 909 Michael Bourdukofsky, 902 Diana
Mack, 905 Michael Gundersen, 903 Shawn Dick
23. Team Carlile
24:45.9 25:03.9 29:36.7 29:38.3 32:10.2 = 2:21:15.0
475 Michael West, 308 Matthew Butler, 306 Nicole Mikes,
352 Kyndall Carey, 351 Clyde Carey
24. Team Scully
23:55.7 24:44.7 28:23.4 32:18.7 32:18.9 = 2:21:41.4
464 Kaleb Collins, 551 Mathew Olson, 765 Maureen Moore,
463 Leigh Ann Collins, 465 Cara Fairbanks

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25. O'Malley Elementary School
24:48.8 26:39.1 35:17.8 37:17.9 37:21.2 = 2:41:24.8
373 Carina Welker, 372 Kelson Welker, 1371 Hayley
Neptune, 2909 Chottie Angst, 1046 Fiona Bruce
26. Anchorage Fit Club/Rock Hard Fitness
24:37.1 25:07.3 25:48.8 45:15.5 45:22.0 = 2:46:10.7
435 John Lonas, 1119 John Lonas, 434 Steven Cooke, 436
Lindsey Lonas, 433 Robin Lonas
27. Not Just a Pretty Face
30:17.6 31:53.8 34:08.7 35:55.6 45:02.5 = 2:57:18.2
230 Karen Deason, 215 Joy Barber, 287 Stephanie
Spezialy, 213 Jill Frankford, 244 Shawna Bailey
28. Team ICRC
26:21.9 27:43.8 31:34.5 39:10.3 54:55.3 = 2:59:45.8
1111 Christina Pennington, 1110 Nate Pennington, 1118
Brite Niezek, 1112 Joshua Butler, 1116 Greg Gillette
29. Lumen Christi High School
23:49.2 24:37.5 48:26.9 1:18:05.5 1:18:11.5 = 4:13:10.6
549 Keegan Wyrick, 548 Miles Wyrick, 1081 Patricia McKay,
1132 Jason Carter, 1131 Maryann Kniffen