

***** FEMALE RESULTS *****

2006 HEART RUN

April 29, 2006 9:30 A.M. Sunny 33 Degrees

FIVE KILOMETER ROAD RACE

Anchorage, Alaska

Timing and Results by Up and Running Event Management

Place No.	Name	Age	Team	Time
1	602 Najeeby Quinn	26	SKINNY RAVEN	17:46
2	603 Kikkan Randall	23	SKINNY RAVEN	18:10
3	506 Kristi Waythomas	37	Huffman Elementary School	18:16
4	778 Stacy Edwards	25		18:34
5	855 Esther Jurasek	43		18:43
6	154 Monica Tibbetts	40		18:49
7	25 Letitia Luch	14		19:00
8	483 Lori Deschamps	35	Huffman Elementary School	19:04
9	26 Marcelyn Luch	13		19:11
10	1227 Erin Hood	26		19:11
11	732 Laura Carpenter	28		19:31
12	1170 Larrell Lockard	31		19:41
13	23 Delia Luch	14		19:54
14	1166 Kristina Kvernplassen	20	Skinny Raven	20:02
15	1327 Jackie Holt	17		20:16
16	838 Theo Hunt	28		20:17
17	806 Danielle Gerik	14		20:46
18	652 Paola Banchemo	36	UAA Runners	20:52
19	937 Andrea Neeser	38		20:57
20	1253 Brandy Bland	33		21:21
21	1139 Sarah Carpenter	18		21:32
22	1073 Melinda Yelton	39		21:35
23	359 Danielle Dalton	27	ConocoPhillips High Octan	21:39
24	1176 Sara Miller	30		21:45
25	1022 Jennifer Stuart	29		21:50
26	612 Misty Pekar	29	Southside Bistro	21:59
27	77 Krista Soderlund	13		22:00
28	1001 Carrie Setian	26		22:05
29	466 Tiffany Winsor	30	GCI	22:06
30	384 Jennifer Winegarner	48	ConocoPhillips High Octan	22:09
31	873 Erika Klinger	23		22:16
32	934 Jocelyn Murchie	12		22:23
33	1563 Heidi Beer	37		22:26
34	1460 Erin Wolverson	13		22:41
35	1211 Veronica Vania	43		22:51
36	403 Andrea Velez	11	Crossfire Premier	22:57
37	402 Nicole Vanni	12	Crossfire Premier	22:58
38	617 Megan Peters	23	Superstation	23:01
39	1072 Lesley Yamauchi	53		23:14
40	776 Erika Eaton	25		23:16
41	1416 Peggie Gallagher	50		23:17
42	324 Amelia Hennessy	11	AWWU	23:17
43	1455 Jady Stahl	48		23:19
44	1025 Hannah Summers	14		23:20
45	361 Jenna Drake	15	ConocoPhillips High Octan	23:22
46	1755 Zoe Costello	13		23:23
47	333 Anne Williams	41	Chugiak Aquatics Club	23:24

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Place No.	Name	Age	Team	Time
48	1475 Michelle Toohey	41		23:25
49	669 Brenda Applegate	38		23:26
50	99 Gloria Hunter	51		23:29
51	594 Kelcie Ralph	18	Rez Life Heartbreakers	23:35
52	745 Maria Cobb	61		23:38
53	1059 Sophie Wiepking-Brown	14		23:49
54	1715 Nathania Leder	30		23:51
55	734 Karen Carswell-Kirk	40		23:52
56	912 Linda Masolini	53		23:55
57	1232 Ann Reed	27		24:00
58	1014 Jenny Sorensen	19		24:04
59	1274 Agnese Goss	27		24:06
60	1173 Amy Mackenzie	37		24:08
61	487 Lauren Hess	14	Huffman Elementary School	24:08
62	442 Kari Bera	28	Fire Lake Elementary	24:09
63	783 Britta Ellis	37		24:09
64	1237 Laura Wagner	33		24:15
65	1418 Dawn Dinwoodie	37		24:17
66	388 Anna Grant	12	Crossfire Premier	24:17
67	410 Allie Walsh	12	Crossfires	24:18
68	1168 Katherine Lauver	16		24:20
69	1138 Linda Carpenter	46		24:20
70	132 Paige Heaps	14		24:24
71	1565 Michelle Wesley	15		24:24
72	1348 Kate Backstrum	13		24:27
73	502 Kelly Vanhoek	42	Huffman Elementary School	24:27
74	148 Kimberly Nelson	33		24:27
75	1248 Sarah Haltness	31		24:29
76	358 Qian Chen	30	ConocoPhillips High Octan	24:29
77	1315 Cindy Luoma	41		24:30
78	479 Sarah Armbrust	11	Huffman Elementary School	24:32
79	1593 Carolyn Wilson	17		24:34
80	441 Tia Sauvageau	47	Eagle River Grace Brethre	24:37
81	469 Cynthia Cooper	49	Gladys Wood Elementary	24:38
82	1134 Diana Byerly	33		24:42
83	633 Rebecca Boggs	13	Team Shawn Stockwell-Alpe	24:42
84	1345 Joy Backstrum	43		24:45
85	670 Kelli Archer	26		24:50
86	1084 Mickey Ghazarian	38	ConocoPhillips High Octan	24:52
87	747 Mandy Collins	32		24:53
88	954 Anna Maria Parkinson	54		24:56
89	858 Lindsey Kendall	26		24:58
90	815 Stephanie Glover	26		24:59
91	93 Jamie Krediet	13		25:01
92	1358 Naomi Prater	27		25:05
93	860 Kathleen Kenney	29		25:06
94	666 Joan Antonson	54		25:08

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Place	No.	Name	Age	Team	Time
95	667	Cheyenne Applegate	9		25:08
96	1061	Martha Wilder-Lammon	48		25:15
97	70	Sondra Tompkins	40		25:17
98	1509	Rochelle Elson	36	CISC 95B Velocity Blue	25:25
99	1578	Celia Rozen	50		25:29
100	785	Andrea Everett	27		25:30
101	350	Shannon Brodie	39	ConocoPhillips High Octan	25:31
102	591	Holly Mccune	21	Rez Life Heartbreakers	25:32
103	1459	Katie Nokelby	11		25:34
104	751	Katy Coski	25		25:35
105	856	Deborah Karp	41		25:39
106	91	Sandoz Maurer	32		25:45
107	1423	Lori Johnson	47		25:45
108	1114	Eryn Boone	27	Kakivik Kardiaks	25:47
109	495	Tsaina Mahlen	11	Huffman Elementary School	25:47
110	819	Linda Grover	59		25:53
111	525	Nala Bring-Clark	15	Muldoon Elementary	25:56
112	193	Debra Kinn	51		25:56
113	355	Julie Buck	26	ConocoPhillips High Octan	25:57
114	668	Mariah Applegate	12		25:57
115	1271	Micaley Giliam	13		26:00
116	1405	Rona Spaar	40		26:01
117	136	Maleia Grabinski	30		26:03
118	846	Anna Jones	17		26:07
119	1321	Bc Kindred	44		26:10
120	1185	Carla Pace	15		26:10
121	966	Kelsey Platt	15		26:10
122	950	Victoria Oxentenko	25		26:18
123	60	Virginia Spohr	42		26:18
124	158	Pok Maley	54		26:21
125	1330	Summer Holt	14		26:24
126	533	Jennifer Spessard	12	Ocean View Elementary	26:24
127	1021	Angela Strommer	42		26:26
128	1461	Melissa Graham	37		26:28
129	1389	Marianne Griffith	40		26:28
130	1112	Kathleen Redmond	45	Kakivik Kardiaks	26:28
131	869	Jacqueline Klecka	12		26:32
132	1071	Michele Wynn	39		26:32
133	516	Joanne Osborne	36	Klatt Elementary	26:32
134	1150	Susan Fleurant	12		26:36
135	1260	Jamie Bursell	43		26:36
136	1167	Christina Laurin	32		26:40
137	881	Lisa Landis	23		26:41
138	1353	Beth Bagne	32		26:47
139	733	Kelly Carson	29		26:47
140	1002	Kathy Seybert	43		26:51
141	1343	Caroline Blair	30		26:55

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Place No.	Name	Age	Team	Time
142	80 Teal Phelps	15		26:55
143	15 Kelly Smith	34	Fire Lake Elementary	26:56
144	347 Carol Silva	53	CMC Personal Training Stu	26:59
145	830 Vera Hershey	56		27:00
146	1100 Morgan Brown	10	Huffman Elementary School	27:01
147	1243 Erin Troutman	22		27:04
148	775 Karen Eash	54		27:07
149	589 Dora Mae Hughes	20	Rez Life Heartbreakers	27:07
150	40 Allison Knox	40	trionics	27:08
151	1484 Marta Thrasher	26		27:10
152	1159 Clare King	44		27:12
153	1529 Kari Spohn	20	Eagle River Grace Brethre	27:12
154	399 Kalie Suellentrop	11	Crossfire Premier	27:13
155	901 Mary Marsolais	69		27:14
156	159 Amy Lewis	33		27:15
157	390 Kayla Hayes	11	Crossfire Premier	27:15
158	799 Laura Furgione	35		27:16
159	1557 Beth Daly	27	Fire Lake Elementary	27:16
160	473 Colleen Fairchild	12	Gladys Wood Elementary	27:18
161	393 Nayra Hernandez	12	Crossfire Premier	27:19
162	1235 Megan Edge	13		27:25
163	1178 Megan Neale	10		27:27
164	1392 Angela Houston	34		27:28
165	952 Diana Parke	43	Team Brock	27:28
166	14 Juliette Parke	8	Team Brock	27:28
167	309 Gwendolyn Lyford	49	Anchorage Rowing Associat	27:31
168	198 Melissa Temple	25		27:31
169	898 Gabrielle Markel	11		27:35
170	899 Gabrielle Markel	37		27:35
171	62 Erica Wynn	15		27:36
172	1197 Kristine Showalter	25		27:40
173	81 Wendy Osen	44		27:40
174	1064 Betsy Winkle	12		27:40
175	450 Rachelle Alger	37	GCI	27:44
176	122 Amy Wright	20		27:44
177	705 Kristi Bittle	26		27:44
178	1156 Elizabeth Gogolowski	11		27:48
179	1574 Malia Klein	26		27:48
180	395 Rowan Kraft	12	Crossfire Premier	27:48
181	1222 Beverly Woodall	45		27:51
182	1349 Kristi Wallace	35	College Gate Elementary	27:55
183	597 Michelle Steffens	21	Rez Life Heartbreakers	27:55
184	998 Whaley Schmoyer	23		27:55
185	827 Yukiko Hayano	44		27:57
186	1469 Ann-Marie Carlson	35		27:58
187	1032 Rosemary Theisen	37		27:59
188	890 Alayna Mackey	15		27:59

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Place	No.	Name	Age	Team	Time
189	1198	Jillian Simpson	30		28:00
190	968	Janet Platt	46		28:00
191	175	Megan Augustin	15		28:00
192	1207	Melissa Tanner	16		28:01
193	180	Cariha Garrison	15		28:01
194	1142	Hannah Curtis	15		28:01
195	680	Marika Athens	27		28:01
196	1744	Ann Claerbout	26		28:05
197	1279	Melinda Harr	29		28:09
198	1432	Nancy Campbell	56		28:14
199	72	Natasha Tol Tolley	20		28:15
200	1318	Jenny Sossaman	35		28:15
201	1548	Sara Wilson	25		28:15
202	744	Adrienne Clingenpeel	17		28:16
203	906	Laurilee Martin	17		28:17
204	1483	Peggy Young	45		28:17
205	113	Irene Jordet	33	Alaska Native Health Camp	28:21
206	750	Stefanie Coppock	53		28:23
207	729	Taylor Campbell	13		28:25
208	1458	Molly Nokelby	13		28:26
209	339	Tonya Parish	12	CISC COMETS	28:26
210	1125	Elaine Border	41		28:27
211	596	Jewel Shibley	20	Rez Life Heartbreakers	28:28
212	1390	Sarah Gutberlet	11		28:32
213	1026	Debora Summers	44		28:34
214	870	Jeanette Klecka	14		28:35
215	585	Emily Davis	14	Regional Roadrunners	28:36
216	308	Anna Jones	28	Anchorage Rowing Associat	28:38
217	538	Amy Cahalane	10	O'Malley Elementary	28:39
218	839	Nicole Johnson	18		28:41
219	1006	Ashley Smith	19		28:42
220	1008	Cynthia Smith	40		28:42
221	1302	Karen Gonne-Harrell	50	Heart of the Unanagan	28:46
222	1492	Maureen Moore	38		28:47
223	1428	Jean Stage	54		28:47
224	1228	Cindy Kupczynski	47		28:48
225	1255	Cathy Nordmann	45		28:48
226	812	Lauren Gillard	27		28:48
227	1097	Kathrin Sundet	49	Gladys Wood Elementary	28:49
228	1355	Chrystal Rogers	42		28:49
229	171	Petra Wilm	31		28:49
230	875	Susan Kobierowski	44		28:53
231	134	Vicki Halcro	40		28:53
232	398	Kendall See	12	Crossfire Premier	28:54
233	1154	Shellie Furlong	38		28:56
234	1601	Alyssa Lambert	14		28:56
235	822	Lori Haacke	43		28:57

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Timing and Results by Up and Running Event Management

Place	No.	Name	Age	Team	Time
236	63	Julie Wrigley	32		28:59
237	697	Nicole Bates	28		29:02
238	519	Irene Taylor	59	Medical Park Family Care	29:05
239	28	Bonnie Gale	13	Huffman Elementary School	29:05
240	131	Sarah Jones	20		29:06
241	497	Tawny Nicolaysen	44	Huffman Elementary School	29:07
242	409	Liza Walker	12	Crossfires	29:07
243	837	Barb Hoth	57		29:07
244	36	Cassandra Villa	12	Crossfires	29:08
245	1151	Leah Fortson	11		29:09
246	989	Devon Rust	28		29:09
247	1401	Margrethe Kearney	27		29:10
248	1532	Jordan Martin	16		29:11
249	678	Angela Astle	35		29:14
250	33	Krystal Nelson	33		29:14
251	1421	Marian Stevens	25		29:14
252	1549	Susan Bury	65		29:17
253	1148	Kori Engstrom	32		29:18
254	638	Zoey Fishburn	13	Team Shawn Stockwell-Alpe	29:18
255	1184	Carla Pace	15		29:18
256	1161	Katie Kingsley	10		29:19
257	639	Jena Fishburn	17	Team Shawn Stockwell-Alpe	29:22
258	38	Robby Bear	46	Trionic Women	29:24
259	866	Valerie Kirk	15		29:27
260	847	Aimee Jones	29		29:28
261	864	Stephanie Kirk	11		29:28
262	1454	Rose Van Hemert	57		29:30
263	742	Joan Clark	64		29:32
264	1463	Suzanne Rudolph	33		29:34
265	1047	Lois Watson	55		29:35
266	845	Kayla Jones	15		29:36
267	1247	Catherine Irwin	56		29:42
268	1298	Andrea Lloyd	24		29:42
269	808	Becky Gerik	42		29:47
270	1265	Carol Gaskins	46		29:47
271	722	Madeleine Bulkow	14		29:48
272	170	Melania Bartenstein	10		29:51
273	777	Mona Eben	52		29:55
274	1259	Lanara Buehler-McGhee	35		29:57
275	716	Alice Buckendahl	44		30:00
276	1324	Corie Brewer	14		30:02
277	1199	Kaytlin Smith	15		30:02
278	576	Ruth Tweto	55	Orion Elementary	30:02
279	13	Paulette Croghan	42	Croghan	30:03
280	346	Angie Molinelli	25	CMC Personal Training Stu	30:06
281	877	Aubrey Kraft	14		30:06
282	842	Kaylene Johnson	44		30:10

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Place	No.	Name	Age	Team	Time
283	1116	Andrea Cordero	25	Superstation	30:11
284	730	Kathy Campbell	37		30:11
285	181	Madison Mines	11	Crossfires	30:16
286	397	Sydney Mayers	12	Crossfire Premier	30:19
287	337	Rachel Hightower	12	CISC COMETS	30:20
288	1467	Nancy Scheefz-Freyami	57		30:22
289	658	Jean Adamson	51		30:23
290	188	Carla Loland	29		30:24
291	1158	Donna Josephson	42		30:25
292	982	Rachel Rigdon	24		30:25
293	1208	Elizabeth Tempel	24		30:25
294	707	Nina Bonito-Romine	45		30:25
295	126	Berit Flora	63	Alaska Regional	30:26
296	341	Marena Quint	13	CISC COMETS	30:27
297	57	Joy Meaney	39		30:28
298	343	Madeline Woodard	13	CISC COMETS	30:29
299	765	Lisa Demer	45		30:30
300	1095	Debra Christie	43	GCI	30:30
301	20	Laura Turk	13	CISC Comets	30:30
302	411	Astrid Watsjold	12	Crossfires	30:31
303	9	Valerie Stewart	12	Crossfires	30:31
304	406	Rachel Hoskins	12	Crossfires	30:31
305	1188	Patricia Rice	53		30:33
306	1140	Schlaine Chudeusz	14		30:33
307	1177	Christine Nangle	27		30:33
308	413	Julie Woodke	23	Crossfires	30:35
309	1105	Julie Liverance	44	Kakivik Kardiacs	30:35
310	918	Robyn Mcghee	27		30:37
311	882	Candis Lebaron	21		30:38
312	418	Maggie Fussner	41	CSC Tsunamis	30:39
313	431	Kelly Ogden	41	CSC Tsunamis	30:39
314	329	Heather Rafalko	31	AWWU	30:42
315	930	Diane Mohwinkel	64		30:43
316	1521	Ingrid Kelly	13	CISC 95B Velocity Blue	30:44
317	1040	Carol Vorst	53		30:44
318	755	Sierra Crowe	13		30:46
319	1374	Mackenzie Boardman	12		30:46
320	969	Shannon Powers	34		30:48
321	1076	Elisabeth Keller	19	Amazing Grace Lutheran Ch	30:49
322	703	Leslie Bialas	49		30:51
323	1513	Adrienne Marino	45	CISC 95B Velocity Blue	30:53
324	920	Trudy McMullen	31		30:53
325	833	Molly Hoffman	30		30:54
326	728	Sarah Callaway	25		30:55
327	44	Susan Krediet	41		30:55
328	726	Michelle Burch	31		31:01
329	1267	Brooklyn Giliam	7		31:04

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Place	No.	Name	Age	Team	Time
330	1409	Rosa Meehan	50		31:05
331	1410	Dana Jensi	26		31:05
332	1538	Angela Boyle	25		31:07
333	407	Hayley Mattingley	12	Crossfires	31:07
334	886	Frances Lowery	25		31:10
335	852	Elizabeth June	10		31:11
336	178	Kathleen Walgren	46		31:12
337	1129	Christa Brown	35		31:12
338	1426	Abby Stahl	9		31:13
339	417	Jackie Fussner	15	CSC Tsunamis	31:13
340	314	Chirley Winborg	38	APDEA Running Team	31:14
341	735	Lorali Carter	30		31:20
342	1319	Kate Nixon	53		31:21
343	1250	Carol Gaskins	46		31:24
344	1268	Cari Giliam	43		31:25
345	1269	Carinne Giliam	5		31:25
346	826	Melanie Harrop	27		31:26
347	482	Victoria Cronquist	40	Huffman Elementary School	31:27
348	1109	Samantha Smith	28	Kakivik Kardiaks	31:29
349	1545	Maribel Gomez	22		31:30
350	196	Tamara Deschaine	24		31:32
351	1238	Erma Martin	69		31:32
352	1209	Kathy Thompson	54		31:33
353	18	Sherry Gale	49	Huffman Elementary School	31:33
354	1526	Echo Mcdonald	41		31:36
355	685	Debbie Baird	47		31:39
356	746	Stephanie Cole	56		31:40
357	69	Carol Waters	59	Team Waters	31:42
358	802	Jane Garrard	54		31:43
359	364	Emily Jonklaas	9	ConocoPhillips High Octan	31:44
360	464	Stacie Packard	29	GCI	31:46
361	724	Lisa Bulkow	46		31:47
362	781	Angela Elgee	54		31:52
363	1098	Kim Brown	43	Huffman Elementary School	31:53
364	539	Erin Cahalane	13	O'Malley Elementary	31:55
365	345	Ida Beltran	48	CMC Personal Training Stu	31:55
366	1380	Aurora Henriquez	14	Anchorage Rowing Associat	31:56
367	1383	Lauren Bradley	12	Steller	31:58
368	1379	Elisa Samuelson	37	Anchorage Rowing Associat	32:02
369	841	Amber Johnson	27		32:03
370	981	Sandra Riddle	40		32:06
371	177	Deb Winkelman	41		32:13
372	367	Suzanne Jonklaas	45	ConocoPhillips High Octan	32:15
373	96	Joan Galt	63		32:18
374	939	Cathie M Nicolet	57		32:19
375	1077	Linda Hulen	49	Bowman Elementary	32:21
376	1115	Cheryl Fuglestad	43	O'Malley Elementary	32:22

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Place	No.	Name	Age	Team	Time
377	1368	Kourtney Roy	14		32:26
378	1399	Kayla Zutz	14		32:26
379	1490	Samantha Wicks	11		32:27
380	1351	Mckinley Wallace	12	College Gate Elementary	32:27
381	389	Mia Hayes	5	Crossfire Premier	32:28
382	90	Savannah McCormick	12	Crossfires	32:29
383	690	Caressa Barnard	10		32:30
384	87	Tammy McCormick	35	Crossfires	32:32
385	146	Tracy Spiser	39		32:33
386	1582	Amy Novakovich	15	Scenic Park Elementary	32:35
387	1306	Amanda Fitzgerald	29		32:35
388	1499	Kathy Clawson	36		32:35
389	1442	Claire Pettitt	29		32:38
390	987	Carol Russell	63		32:41
391	1193	Juley Schuerman	34		32:41
392	1088	Mckenzie Karjala	12	Crossfire Premier	32:44
393	1052	Erin Weaver	10		32:49
394	156	Krista Anderson	25		32:53
395	155	Trina Anderson	28		32:53
396	1344	Kay Trailer	39		32:56
397	537	Katie Cahalane	10	O'Malley Elementary	32:59
398	631	Laura Oneal	47	Team Shawn Stockwell-Alpe	33:00
399	1599	Katie Lightfoot	11		33:03
400	1251	Kristy West	42		33:03
401	1414	China Stone	21		33:04
402	759	Summer Cutting	29		33:05
403	1472	Luz Eugenia Vargas	43	Juan Valdez	33:07
404	404	Whitney Velez	15	Crossfire Premier	33:09
405	1024	Morgan Summers	12		33:11
406	813	Morgan Gingerich	11		33:11
407	637	Tori Fishburn	10	Team Shawn Stockwell-Alpe	33:11
408	65	Xinghua Turner	8		33:14
409	957	Amy Peloza	36		33:14
410	1057	Barbara Brown	47		33:16
411	579	Megan Wellborn	11	Orion Elementary	33:16
412	581	Alexis Wheeler	11	Orion Elementary	33:17
413	983	Anissa Riley	38		33:19
414	370	Gretchen Kiskaddon	31	ConocoPhillips High Octan	33:27
415	311	Dawn Neer	30	APDEA Running Team	33:29
416	725	Evelyn Bunch	69		33:29
417	1335	Doris Yanas-House	37		33:33
418	689	Kim Baldwin	41		33:34
419	973	Taryn Ralph	15		33:40
420	586	Renee-Beth Gaylard	20	Regional Roadrunners	33:42
421	518	Jennifer Mclaughlin	16	Medical Park Family Care	33:43
422	693	Diane Barnett	61		33:46
423	67	Jiale Turner	6		33:50

***** FEMALE RESULTS *****

2006 HEART RUN

April 29, 2006 9:30 A.M. Sunny 33 Degrees

FIVE KILOMETER ROAD RACE

Anchorage, Alaska

Timing and Results by Up and Running Event Management

Place	No.	Name	Age	Team	Time
424	530	Danie Hesson	38	Muldoon Elementary	33:51
425	391	Nicole Hayes	28	Crossfire Premier	33:53
426	748	Jody Colombie	43		33:53
427	1365	Joan Lindemuth	69		33:56
428	1585	Shayla Swedlund	26		33:58
429	1395	Cornelia Collins	59		34:02
430	1163	Judy Kitagawa	45		34:13
431	922	Jennifer Meade	23		34:16
432	412	Libby Winkelman	12	Crossfires	34:17
433	386	Martha Summerfield	36	Cottonwood Creek Elementa	34:17
434	1447	Elizabeth Shore	12		34:22
435	1023	Terrill Sullivan	36		34:26
436	673	Elle Arnold	9		34:27
437	1544	Maria Gomez	46		34:28
438	1070	Sue Wylie	49		34:30
439	1539	Dawna Erlewine	36		34:33
440	1591	Roxann O'hara	44		34:37
441	714	Brittney Bruce	17		34:39
442	993	Tammie Sanchez	30		34:44
443	1218	Ibionna Wiemark	15		34:49
444	1561	Frances Marbarger	62		34:58
445	459	Cheryl Keegan	44	GCI	35:02
446	868	Mary Klassen	57		35:05
447	900	Evie Marlow	58		35:05
448	189	Jamie Woodall	8		35:07
449	1356	Julie Collins	47		35:07
450	1575	Margaret Pa Walsh	41		35:11
451	1576	Lauren Bradley	26		35:11
452	1062	Kristin Winkle	10		35:13
453	1444	Carol Butler	55		35:14
454	1282	Sable Hodson	15		35:21
455	1281	Paige Hodson	44		35:22
456	976	Bernadette Ramirez	45		35:26
457	138	Shelby Knox	11		35:30
458	1569	Adrian Maiuri	43		35:31
459	1027	Maria Sutera	60		35:34
460	1522	Cindy Patrick	49		35:48
461	887	O-Pal Luechoowong	17		35:49
462	1016	Kaerin Stephens	51		35:49
463	1427	Barrie Lounsbury	47		35:49
464	1030	Kaz Teekell	71		35:54
465	22	Luz Sherman	66		36:00
466	165	Ouida Morrison	44		36:05
467	698	Jamie Beever	21		36:06
468	438	Hannah Goering	11	Eagle River Grace Brethre	36:07
469	760	Nancy Davis	44		36:22
470	439	Svetlana Moore	16	Eagle River Grace Brethre	36:22

***** FEMALE RESULTS *****

2006 HEART RUN

April 29, 2006 9:30 A.M. Sunny 33 Degrees

FIVE KILOMETER ROAD RACE

Anchorage, Alaska

Timing and Results by Up and Running Event Management

Place No.	Name	Age	Team	Time
471	692 Amanada Barnard	14		36:26
472	878 Lorraine Krueger	51		36:26
473	1118 Jordan Albers	11		36:27
474	811 Brittany Gershel	21		36:29
475	928 Heather Miller	31		36:29
476	1017 Anne Stephens-Denny	50		36:33
477	477 Meredith Ashley-Stewart	35	Huffin Puffins of LaTouch	36:36
478	318 Tanya Lautaret	31	ASCG Incorporated of Alas	36:42
479	319 Meghan Powell	25	ASCG Incorporated of Alas	36:42
480	338 Madison Hutchings	13	CISC COMETS	37:06
481	342 Megan Seaman	13	CISC COMETS	37:06
482	1304 Tina Wilson	30	Heart of the Unanagan	37:17
483	1305 Renee Kochuten	23	Heart of the Unanagan	37:17
484	695 Kate Barry	30		37:19
485	34 Lindsey Holmes	32		37:22
486	573 Caitlyn Sellers	8	Orion Elementary	37:24
487	1004 Tuyet Smallwood	38		37:24
488	1337 Courtney Evans	15		37:26
489	88 Debi M Frank	45	Huffman Elementary School	37:27
490	1336 Deb Evans	49		37:28
491	938 Terise N'ha Caitriona	41		37:28
492	753 Lee Anne Crafton	46		37:40
493	521 Jan Johnson	51	MH	37:41
494	657 Raelynn Smith	20	UAA Runners	37:44
495	21 Tammy Morton	37		37:45
496	1085 Lillian Maassen	14		37:47
497	914 Rebecca Mayer	32		37:50
498	190 Jasmine Woodall	10		38:03
499	1481 Lesley Hammer	43		38:10
500	174 Morielle Vantuyn	9		38:16
501	1299 Erica Longley	16		38:17
502	872 Donna Klecka	48		38:19
503	448 Chayne Wolfe	11	For Grammie Toots & Pa	38:27
504	764 Scottie Dean	37		38:36
505	1213 Jeanette Wakefield	59		38:45
506	173 Dana Mcalpine	47		38:45
507	829 Amber Hensel	24		38:49
508	1400 Sheila Lang	30		38:58
509	559 Shelby Henderson	9	Orion Elementary	38:59
510	374 Katy Neher	46	ConocoPhillips High Octan	39:00
511	1182 Gloria Nolan	48		39:02
512	524 Anna Bring-Clark	13	Muldoon Elementary	39:02
513	528 Shelby Hesson	13	Muldoon Elementary	39:02
514	152 Betty Mclaughlin	66		39:11
515	167 Ruth Kvernplassen	44		39:13
516	1588 Alexandra Campbell	13		39:30
517	773 Sherri Douglas	49		39:33

***** FEMALE RESULTS *****

2006 HEART RUN

April 29, 2006 9:30 A.M. Sunny 33 Degrees

FIVE KILOMETER ROAD RACE

Anchorage, Alaska

Timing and Results by Up and Running Event Management

Place	No.	Name	Age	Team	Time
518	1559	Heidi Booher	5		39:51
519	129	Karolynn Liggon	39		39:55
520	164	Lacecia Swales	23		39:59
521	568	Calee Nbeard-Smith	9	Orion Elementary	40:09
522	1558	Hannah Booher	7		40:15
523	1470	Sandra Nunes	33	Juan Valdez	40:18
524	1581	Teresa Novakovich	42	Scenic Park Elementary	40:25
525	1012	Imelda Smith	53		40:30
526	805	Ingrid Gavalya	29		40:31
527	1429	Janine Johnson	38		40:31
528	804	Emma Gavalya	8		40:31
529	1357	Doina Nica	45		40:32
530	16	Julie Chase	40		40:38
531	1408	Charlu Choate	67		40:43
532	1397	Marlis Schmid	71		40:43
533	1503	Margaret Unruh	45		40:43
534	334	Jessica Gunderson	29	Chugiak Ward	40:44
535	396	Barbara Kraft	46	Crossfire Premier	40:47
536	400	Tina Suellentrop	43	Crossfire Premier	40:47
537	534	Julie Spessard	44	Ocean View Elementary	40:47
538	100	Linda Imle	62		40:49
539	862	Judy Kesler	40		40:50
540	907	Kristine Martin	34		40:52
541	1252	Jennifer Lemon	23		41:13
542	1294	Gloria Kent	57		41:17
543	571	Dianne Schleicher	9	Orion Elementary	41:31
544	572	Sarah Schleicher	30	Orion Elementary	41:33
545	95	Dawn Hansen	44		41:41
546	1366	Katelyn Houston	11		41:42
547	543	Elizabeth Bigham	13	Orion Elementary	41:51
548	561	Mackenzie Johnson	7	Orion Elementary	41:57
549	493	Linda Libertini	48	Huffman Elementary School	41:58
550	153	Briana Mitchell	13		42:02
551	563	Phylicia Kidd	10	Orion Elementary	42:05
552	607	Mariah Storter	23	Southside Bistro	42:07
553	614	Amanda Wilcox	29	Southside Bistro	42:07
554	702	Ella Berryhill	15		42:12
555	1133	Stephanie Bushnell	56		42:20
556	1082	Denise Carey	46	College Gate Elementary	42:25
557	752	Wynd Counts	45		42:39
558	556	Alora Fox	7	Orion Elementary	42:49
559	557	Sherri Fox	34	Orion Elementary	42:57
560	405	Kristiyana Card	10	Crossfires	43:03
561	984	Chayla Rogers	23		43:08
562	803	Nicole Gauthier	29		43:33
563	1091	Erika Maakestad	16	Eagle River Grace Brethre	43:52
564	1056	Brandi White	26		44:06

***** FEMALE RESULTS *****

2006 HEART RUN

April 29, 2006 9:30 A.M. Sunny 33 Degrees

FIVE KILOMETER ROAD RACE

Anchorage, Alaska

Timing and Results by Up and Running Event Management

Place No.	Name	Age	Team	Time
565	455 Christin Evans	25	GCI	44:31
566	933 Mary Mower	71		44:32
567	814 Linda Glick	54		44:33
568	696 Judith Bateman	59		44:51
569	186 Kathy Deschweinitz	57		44:52
570	564 Samantha Kontz	7	Orion Elementary	44:53
571	569 Katrina Rhodehouse	6	Orion Elementary	44:53
572	711 Rose Bridgman	69		45:52
573	1468 Barbara Peterson	51		46:01
574	1394 Ev Irving	56		46:03
575	160 Haily Olson	10		46:12
576	574 Stephanie Stevens	10	Orion Elementary	46:16
577	665 Lois Ante	73		46:32
578	169 Liska Besseney	6		46:55
579	385 Tricia Summerfield	11	Cottonwood Creek Elementa	46:56
580	1136 Misty Campbell	34		46:58
581	727 Peggy Byers	50		47:52
582	1257 Emily Binnian	46		47:58
583	542 Katherine Bigham	9	Orion Elementary	48:03
584	1436 Ally Janssen	10	Orian Running Club	48:13
585	1391 Eva Carey	49		48:37
586	1449 Jesse Yeaton	14		48:37
587	1542 Dalena Erlewine	15		49:13
588	1540 Alexandra Erlewine	13		49:13
589	1341 Kimberly Shafer	37		49:17
590	1340 Cally Shafer	8		49:17
591	1325 Karen Perham	65		49:57
592	1074 Jessica Thomas	32	Alutiiq	50:00
593	1075 Kris Wiese	36	Alutiiq	50:00
594	514 Caroline Hunt	10	Hunt	50:22
595	511 Suzanne Hunt	40	Hunt	50:24
596	12 Elizabeth Hunt	14	Hunt	50:49
597	185 Emily Weldon	10		51:36
598	183 Heather Weldon	32		52:06
599	1364 Angie Slingluff	59		52:34
600	513 Barbara Mills	58	Hunt	53:17
601	1524 Carrie Ann Landgraf	43	Orion Elementary	53:17
602	552 Christen Ellingwood	7	Orion Elementary	53:58
603	885 Gerry Litzinger	32		54:15
604	925 Nancy Mikels	64		54:20
605	92 Nancy Mattson	62		54:55
606	124 Vivian Dietz-Clark	29	Providence	55:03
607	1320 Marla Greenstein	49		55:43
608	1313 Teresa Carns	61		55:44
609	94 Dawn Mattson	37		58:11
610	1093 Trinette Kaufman	30	GCI	1:00:05
611	1152 Lindsey Fuglestad	12		1:03:38

***** FEMALE RESULTS *****

2006 HEART RUN

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FIVE KILOMETER ROAD RACE

Anchorage, Alaska

Timing and Results by Up and Running Event Management

Place No.	Name	Age	Team	Time
612	894 Samantha Manzer	11		1:05:05
613	622 Charlene Galang	38	Susitna Elementary	1:05:12
614	1386 Rachel Lemaire	30		1:07:59
615	50 Yahlunda Fitts	20		1:10:28
616	1537 Megan Rodgers	16		1:12:25
617	463 Cheryll Norris	50	GCI	1:13:11
618	326 Melissa Latkowski	10	AWWU	1:13:14
619	621 Katie Galang	11	Susitna Elementary	1:14:11
620	1141 Emily Coy	11		1:16:01
621	896 Victoria Manzer	48		1:21:04
622	1183 Jo Oxentenko	35		1:21:47
623	632 Nikki Boggs	9	Team Shawn Stockwell-Alpe	1:23:06
624	1352 Marilyn Denton	67		1:24:22
625	840 Lily Johnson	22		1:25:08
626	671 Breeana Arlint	6		1:26:13
627	595 Andrea Sabato	19	Rez Life Heartbreakers	1:33:59
628	141 Heidi Lovett	18		1:34:00
629	636 Jeanne Feinstein	36	Team Shawn Stockwell-Alpe	1:35:52
630	307 Andrea Orley	19	Amazing Grace Lutheran Ch	1:36:16
631	634 Sarah Feinstein	7	Team Shawn Stockwell-Alpe	1:38:28

5/02/2006 7:53PM